

WHY DO WE RECOMMEND METABOLISM ESSENTIALS MULTI PLUS?



There has never been more research proving the power of nutrition to promote health. Proper vitamins, minerals, metabolism cofactors, and plant nutrients support a healthy energy level, mood, body weight, immune system, brain function, and vision. However, nutrient deficiencies can be devastating to healthy aging, increasing risks of cancer, heart disease, stroke, and memory loss with aging.

I have strict medical standards of excellence when recommending nutritional supplements. After all, most of us need special nutritional support for concerns related to metabolism, weight loss, mood disorders, medical problems, fatigue, memory loss, or general aging.

Here are questions I always have in mind:

- **Are optimal amounts of nutrients present?**
- **Are key minerals present in clinically relevant amounts?**
- **Are the minerals chelated for best possible absorption?**
- **Are proper B vitamins present to lower homocysteine and potentially lower both heart disease risk and cancer risk?**
- **Is natural "Folate" (not folic acid) used to limit cancer risks?**
- **Are adequate nutrients present to avoid deficiencies even if I am dieting, under excessive stress, or exercising intensely?**
- **Is the product of professional quality to assure purity, digestion, and absorption without contaminants or the use of detrimental "cheaper" forms of nutrients?**
- **Are powerful plant nutrients included for added benefits?**

Metabolism Essentials Multi Plus is the result of over 10 years of my personal research towards creating the best formula possible, including key nutrients that are not present in typical multivitamins. I believe Metabolism Essentials Multi Plus is a great investment in your health, and I think you'll agree. Many individuals have reported renewed energy and improved sense of well-being upon taking Metabolism Essentials regularly.

For Optimum Health,

Rick Tague M.D., M.P.H. & T.M.

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METABOLISM ESSENTIALS MULTI PLUS
PROVIDES ESSENTIAL NUTRIENTS
REQUIRED FOR

Optimal Metabolism & Energy Production

Brain, Heart, & Vision Health

Nutrient Deficiency Prevention

Healthy Aging Support

Research-Based Formulation

Metabolism Essentials Multi Plus
is only available from
Dr. Tague's Center for Nutrition
& Preventive Medicine

Learn More at
TagueNutrition.com/MetabolismEssentials

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**Energy,
Metabolism,
and
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